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**[YOUR STATION LOGO HERE]**

**Contact:** {Local Station Contact]

[EMAIL]  
[PHONE]

**[STATION] to Air *The Splendid Table* [DAY OF WEEK AND TIME] with new host Francis lam**

[DATELINE]— [STATION] invites listeners to tune in to *The Splendid Table*, the show for life’s appetites from American Public Media, [DATE] [at time slot], with new host Francis Lam. Francis recently took over the helm of *The Splendid Table* following the retirement of longtime host Lynne Rossetto Kasper in late 2017. He has been a regular contributor and frequent guest host on *The Splendid Table* since 2010.

A culinary, culture and lifestyle program, *The Splendid Table* has hosted our nation's conversations about cooking, sustainability and food culture and has introduced us to generations of food dignitaries. With Francis as host, listeners can expect a modern, multicultural snapshot of the food world – exploring different cultures, cuisines and ideas, as well as the small personal stories that come out of the expansive world of the table. He will continue to build on over 20 years of *The Splendid Table*’s celebration of food and life.

As a former restaurant cook and Culinary Institute of America graduate, Francis can handle virtually any food query and loves taking listener’s calls. He is keenly interested in people and their stories and believes that one of the keys to understanding people better is to learn what they cook and how they eat. His resume extends to judging Bravo’s hit show, *Top Chef Masters*, a spinoff of *Top Chef*, and serving as an Eat columnist for *The New York Times Magazine*. In addition to hosting *The Splendid Table*, Francis is Editor-at-Large at Clarkson Potter, a division within Penguin Random House that is a leader in cookbook publishing.

[*The Splendid Table*](http://www.splendidtable.org/) also airs weekly [*America's Test Kitchen*](https://www.americastestkitchen.com/) segments featuring a variety of *America's Test Kitchen* personalities including Bridget Lancaster, Jack Bishop, Tucker Shaw, Doc Willoughby, Molly Birnbaum and Dan Souza. Bob's Red Mill is the premiere sponsor of *The Splendid Table* episodes featuring *America's Test Kitchen*.

Find *The Splendid Table* on [Facebook](https://www.facebook.com/splendid.table?fref=ts), [Twitter](https://twitter.com/SplendidTable), [Pinterest](https://www.pinterest.com/splendidtable/), and [Tumblr](http://splendidtable.tumblr.com/).

[QUOTE FROM GM OR PD HERE ABOUT ADDING THE PROGRAM.]

**[NOTE TO STATIONS: Check splendidtable.org for a more recent list. Or if there’s a local favorite you want to insert]**

[STATION IDENTIFYING PARAGRAPH]

**About the host**

**USE LONG BIO**

Francis Lam is the host of *The Splendid Table*, produced by American Public Media. A regular contributor and frequent guest host on *The Splendid Tab*le since 2010, Lam is the former Eat columnist for *The New York Times Magazine* and is Editor-at-Large at Clarkson Potter, a division within Penguin Random House that is a leader in cookbook publishing. In his tenure at Clarkson Potter, he has been the editor behind some of the most creative and best-selling cookbooks and has worked with acclaimed authors, the country’s most respected restaurateurs and chefs, as well as celebrities Chrissy Teigen and Questlove.

For two seasons, Lam was a regular judge on Bravo’s hit show, *Top Chef Masters*, a spinoff of *Top Chef*, where world-renowned chefs competed against each other in weekly challenges.

In 2016, Lam won a James Bear­­d Award and two International Association of Culinary Professionals (IACP) Food Writing Awards for his column in *The New York Times Magazine*. Over the past decade, his writing has been recognized with numerous awards from both organizations, including a James Beard Award in 2014 and IACP Bert Greene Awards for Food Journalism in 2010 and 2014.

Previously, Lam was features editor at *Gilt Taste*, which was awarded six IACP awards and four James Beard award nominations in its first two years. He also worked as a senior writer at Salon.com and a contributing editor at *Gourmet* magazine. He’s written for numerous publications, including *Bon Appetít*, *Food & Wine*, *Lucky Peach*, *Saveur*, *Men’s Journal*, and the *Financial Times*.

The oldest of three children, Lam grew up in the suburbs of New Jersey, where he says his parents commuted to Chinatown every day, so that “their kids could live in a house with a lawn.” His career and life have taken him from Portland, Ore., to Biloxi, Miss., with stints in Michigan, Wyoming, Maine, as well as Hong Kong. A music aficionado, Lam is a self-proclaimed karaoke expert and admits that football is his “one, true, complicated love” and that “if you can talk food and football, you can have a conversation with anyone in America.”

Lam graduated first in his class at the Culinary Institute of America and holds a bachelor’s degree in Asian Studies and Creative Writing from the University of Michigan. He lives with his family in New York City.

**OR USE SHORT BIO**

Francis Lam is the host of *The Splendid Table*, produced by American Public Media. A regular contributor and frequent guest host on *The Splendid Table* since 2010, Lam is the former Eat columnist for *The New York Times Magazine* and is Editor-at-Large at Clarkson Potter, a division within Penguin Random House that is a leader in cookbook publishing. For two seasons, Lam was a regular judge on Bravo’s hit show, *Top Chef Masters*. An award-winning writer, Lam has written for numerous publications, including *Gourmet*, *Bon Appetít*, *Food & Wine*, *Lucky Peach*, *Saveur*, *Salon,* *Men’s Journal*, and the *Financial Times*. He graduated first in his class at the Culinary Institute of America and holds a bachelor’s degree in Asian Studies and Creative Writing from the University of Michigan. He lives with his family in New York City.

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**About Minnesota Public Radio and American Public Media**

Minnesota Public Radio® operates a 46-station radio network serving nearly all of Minnesota and parts of surrounding states. Reaching more than 1 million listeners each week, MPR and its three regional services—[MPR News](http://www.mprnews.org/), [Classical MPR](http://www.classicalmpr.org/) and [The Current](http://www.thecurrent.org/)®—produce programming for radio, digital and live audiences. Programs produced by MPR’s national programming division, American Public Media®, reach more than 20 million listeners via 1,000 radio stations nationwide each week. APM is one of the largest producers and distributors of public radio programming in the world, with a portfolio that includes BBC World Service, Marketplace®, and the leading classical music programming in the nation. APM also offers a diverse array of podcasts featuring the best in food, culture, entertainment, business and investigative journalism. For more information on MPR, visit [minnesotapublicradio.org](http://www.mpr.org/). For more information on APM, visit [americanpublicmedia.org](http://www.americanpublicmedia.org/).

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